



Biigiiweyan

Coming Home

Indigenous Inter-professional Cultural Safety Training Program

First Peoples' Centre, Canadore College

Biigiiweyan "Coming Home" is an Indigenous Inter-professional Cultural Safety Training Program. The program targets the training of health care and education professionals and students.

Biigiiweyan uses Indigenous ways of knowing and relating as well as live-actor simulation to redefine Inter-professional education (training and learning across disciplines) and train health care professionals and students to offer culturally safe healthcare to Indigenous peoples.

Biigiiweyan presents cultural safety competencies for pre and post-licensure professionals, including the knowledge, skills and behaviours that participants will need to demonstrate that they have acquired cultural safety competencies. Upon successful completion of the training, participants will receive a certificate of completion.



For More information please contact:

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SESSION
1

PRE-DISCUSSION CIRCLE & INTRODUCTIONS

During this session we will introduce ourselves and the project through a discussion circle. We will share and learn about the history of the project, learn from participants about why they are participating in this training program and what they hope to learn. We will also share current knowledge of Indigenous cultural safety and health care experiences.

SESSION
2

COLONIZATION—PAST AND PRESENT

This session will explore past and present colonization, including how it is a determinant of health among Indigenous peoples. We will explore systemic/structural barriers within the healthcare system that Indigenous peoples face and the current power imbalances inherent within health care. We will identify professional and personal requirements for self-reflection, including the context of colonization, stereotypes and racism in health care. Participants will be introduced to the narratives and characters in the simulation to be used throughout the program.

SESSION
3

INDIGENOUS WORLDVIEWS & HEALING & WELLNESS PRACTICES

In this session, we will explore Indigenous healing and wellness practices through a wholistic lens. We will discuss how to bring wholistic care to patients, families and community. We will highlight the roles of Indigenous wellness agencies, Elders, Medicine people and the protocols used to approach and work with these supports. We will define healing practices such as a healing circle, smudging, ceremony, medicines, sweat lodge and the benefits of such Indigenous wellness practices. We'll discuss how to bridge what two "health care systems" provide—physician and healer recommendations. "Doctoring" as in the sense of Indigenous healing. We will also discuss the importance of relationship to land, plants and animals, when developing plan of care, and end of life/after life care.

SESSION
4

RESPECT, RELATIONSHIP, RECONCILIATION & ACCESSING HEALTH RESOURCES & SERVICES

In this session, we will discuss wholistic community resources available to Indigenous peoples; referral and funding processes; protocols on how to approach Elders, Healers, and other respected community resources. We will also discuss roles and responsibilities and what an Indigenous Inter-professional team would look like. We will also discuss respectful verbal and non-verbal communication that creates a safe trusting environment and what reconciliation within healthcare means.

SESSION
5

MINO BIIMAADZIWIN (LIVING A GOOD LIFE) & SPIRITUAL WELLNESS PRACTICES

We will explore Indigenous cultures, teachings, ceremony and healing practices, including western door teachings where clients prepare to move to spiritual world. This includes how healing is incorporated into daily life, not just at certain stages of illness and how to support the commitment of patients and families. We will look at the role of health care professionals as they care for the client and family preparing for this transition.

SESSION
6

CULTURAL SAFETY, ADVOCACY & TRANSFORMATIONAL CHANGE

We will discuss the value of an Inter-professional team, including traditional healers, and the role healthcare professionals have as advocates. This session will address "structural competence" and health care professionals as agents of change, encouraging structural humility. We will discuss the needs for institutional and system change to address existing barriers for Indigenous clients, addressing perspectives of physicians, families and individuals. We will explore ideas for changing the institution's physical space and the landscapes of provincial and federal health care systems.

SESSION
7

SIMULATION & DEBRIEF DISCUSSION CIRCLE

Participants will engage in a short scenario that involves the cancer care journey of an Indigenous client and their family. Indigenous healing practices, languages and Inter-professional collaboration will be used in the scenario, encouraging the application of knowledge and skills learned throughout the training sessions. A debrief discussion circle will promote reflection, a significant tool in simulation as well as an important aspect of Indigenous ways of knowing.

